

Social Impact Report

2019



What is ReStart?

ReStart is an employability programme launched in 2017 by Allen & Overy and MyKindaFuture. It helps over-50s who have been through a period of unemployment, equipping them with the skills, knowledge and confidence to re-enter the job market.

How does it work?

ReStart 2019 was delivered across four face-to-face workshops, made up of various sessions delivered by the Good Business Initiative, Embedding Performance and MyKindaFuture.

Who took part?

Thirty people participated. They all lived in London, were between the ages of 50 and 65, and had been unemployed for a period of six months to a year.

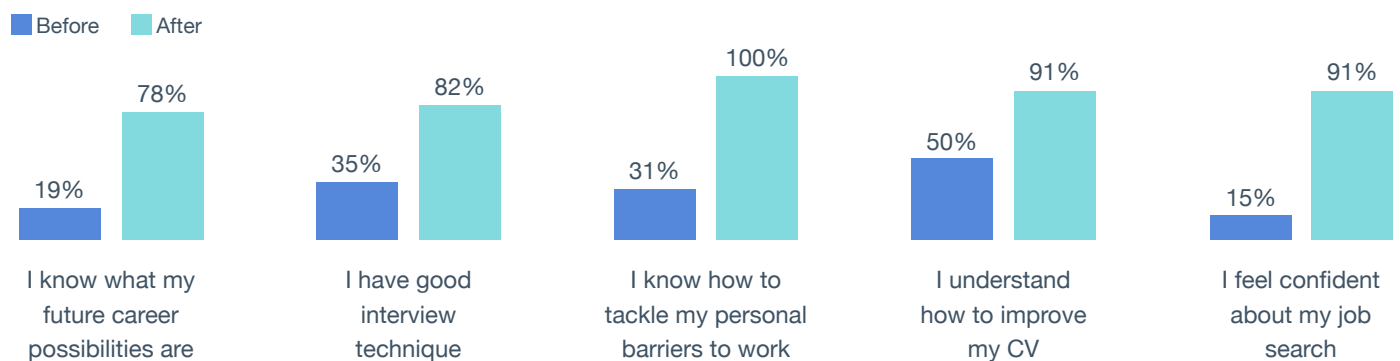
What were the results?

After the final workshop, we asked participants whether they agreed with the following statement:

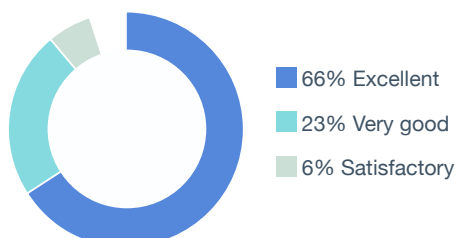
“I now feel more confident about my future career goals and possible next steps”



The programme also produced positive results across a number of specific areas:



Average rating of mentor and coach sessions by participants:



“I have a meeting with a recruitment agency tomorrow with regard to a job I previously wouldn't have gone for, but being on the ReStart programme has given me the courage to go for it.”